

HEDIS® Tip Sheet

Use of First-Line Psychosocial Care for Children and Adolescents on Antipsychotics (APP)

Measure Description

The percentage of children and adolescents 1-17 years of age who had a new prescription for an antipsychotic medication and had documentation of psychosocial care as first-line treatment.

Product Lines: Commercial, Medicaid

Intake Period: January 1st through December 1st of the measurement year.

2025											
Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
MY 2025 Intake Period (January 1, 2025 – December 1, 2025)											

Codes Included in the Current HEDIS® Measure

Description	Code
Psychosocial Care	CPT: 90832-90834, 90836-90840, 90845-90847, 90849, 90853, 90875, 90876, 90880 HCPCS: G0176, G0177, G0409-0411, H0004, H0035-H0040, H2000, H2001, H2011-H2014, H2017-H2020, S0201, S9480, S9484, S9485
Residential Behavioral Health Treatment	HCPCS: H0017-H0019, T2048

Medications

Description	Prescription
Miscellaneous Antipsychotic Agents	Aripiprazole, Asenapine, Brexpiprazole, Cariprazine, Clozapine, Haloperidol, Iloperidone, Loxapine, Lurasidone, Molindone, Olanzapine, Paliperidone, Pimozide, Quetiapine, Risperidone, Ziprasidone
Phenothiazine Antipsychotics	Chlorpromazine, Fluphenazine, Perphenazine, Thioridazine, Trifluoperazine
Thioxanthenes	Thiothixene
Long-acting Injections	Aripiprazole, Aripiprazole lauroxil, Fluphenazine decanoate, Haloperidol decanoate, Olanzapine, Paliperidone palmitate, Risperidone
Psychotherapeutic Combinations*	Fluoxetine-olanzapine, Perphenazine-amitriptyline

**Please submit a request for coverage when prescribing Psychotherapeutic Combination medications.*

Ways Providers can Improve HEDIS® Performance

- Antipsychotic medications need to be part of a comprehensive and coordinated treatment plan that includes psychosocial care (the recommended first-line treatment option)
- Complete a thorough evaluation and coordination for new child/adolescent patients taking antipsychotic medications with a mental health professional
- Educate and inform parents/guardians of the increased side effect burden of multiple concurrent antipsychotics on children's health and the implications for future physical health concerns including obesity and diabetes.



- Ensure the parents understand the local community support resources and what to do in the event of a crisis.
- Schedule telehealth appointments for patients who had a new prescription for an antipsychotic medication.

Ways Health Plans can Improve HEDIS® Performance

- Educate providers that psychosocial care includes behavioral interventions, psychological therapies and skills training, and is the first-line recommended treatment for attention deficit disorder and disruptive behaviors.
- Educate providers about timeline requiring psychosocial care in appropriate timeframe related to medication dispensing (90 days prior through 30 days after)
- Identify and educate top 10 providers with open gaps
- Identify providers who may be overprescribing antipsychotics to children and adolescents
- Consider value-based agreement with behavioral health providers

Required Exclusions

- Members for whom first-line antipsychotic medications may be clinically appropriate: members with a diagnosis of schizophrenia, schizoaffective disorder, bipolar disorder, other psychotic disorder, autism, or other developmental disorder on at least two different dates of service during the measurement year.
 - Do not include laboratory claims (POS: 81).
- Members who use hospice services or elect to use a hospice benefit any time during the measurement period.
- Members who die any time during the measurement year.

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